

Monday

Tuesday

Wednesday

Thursday

Friday

# February 2026



HAPPY BIRTHDAY TO LEO AND CHARLES!

<p>10:00 am Daily Chronicle <b>2</b>                  10:30 am Reading Circle                  12:30 pm Groundhog Trivia                  2:00 pm Creative Snack                  3:00 pm Seated Volleyball                  4:00 pm Games w/Friends</p> <p>GROUNDHOG DAY</p>	<p>10:00 am Daily Chronicle <b>3</b>                  10:30 am <i>Yoga w/Tammy</i>                  12:30 pm <b>Trinity Episcopal</b>                  2:00 pm <b>GREEN THUMBS CLUB</b>                  3:00 pm Rock n Roll chat/trivia                  4:00 pm Rock n Roll Sing-along</p> <p>THE DAY THE MUSIC DIED</p>	<p>10:00 am Daily Chronicle <b>4</b>                  10:30 am <b>Trinity Episcopal</b>                  12:30 pm R&amp;B Soul Exercise                  2:00 pm Arts &amp; Crafts                  3:00 pm Bingo Singo                  4:00 pm Who Am I?</p> <p>WORLD READ ALOUD DAY</p>	<p>10:00 am Daily Chronicle <b>5</b>                  10:30 am Monthly Gazette                  12:30 pm <b>Zumba w/Kathleen</b>                  2:00 pm Arts &amp; Crafts                  3:00 pm Bowling                  4:00 pm Balloon Man</p> <p>WESTERN MONARCH DAY</p>	<p>10:00 am Daily Chronicle <b>6</b>                  10:30 am Football Trivia                  12:30 pm Body &amp; Brain exercise                  2:00 pm <i>Aging is Cool</i>                  3:00 pm Movie &amp; Popcorn                  4:00 pm Uno</p> <p>PAY A COMPLIMENT DAY</p>
<p>10:00 am Daily Chronicle <b>9</b>                  10:30 am <b>MUSIC W/JEFF</b>                  12:30 pm Fitness Trivia                  2:00 pm Arts &amp; Crafts                  3:00 pm Seated Basketball                  4:00 pm Jeopardy</p> <p>NATIONAL PIZZA DAY</p>	<p>10:00 am Daily Chronicle <b>10</b>                  10:30 am <i>Yoga w/Tammy</i>                  12:30 pm <i>Drum Your Stress Away</i>                  2:00 pm <b>GREEN THUMBS CLUB</b>                  3:00 pm Olympics Trivia                  4:00 pm Table Hockey</p> <p>EXTRATERRESTRIAL CULTURE DAY</p>	<p>10:00 am Daily Chronicle <b>11</b>                  10:30 am <b>Trinity Episcopal</b>                  12:30 pm Chair Dance Fitness                  2:00 pm Arts &amp; Crafts                  3:00 pm Bingo                  4:00 pm Blackout Bingo</p> <p>NATIONAL INVENTORS' DAY</p>	<p>10:00 am Daily Chronicle <b>12</b>                  10:30 am <b>Trinity Episcopal</b>                  12:30 pm <b>Zumba w/Kathleen</b>                  2:00 pm EZ Valentine Lovin' Detective                  3:00 pm Bowling                  4:00 pm Decode Abe's Quote</p> <p>LINCOLN'S BIRTHDAY</p>	<p>10:00 am Daily Chronicle <b>13</b>                  10:30 am <b>MUSIC W/IAN</b>                  12:30 pm <i>Sweetheart Social</i>                  2:00 pm <i>Aging is Cool</i>                  3:00 pm Movie &amp; Popcorn                  4:00 pm Celebrity Love Match</p> <p><i>Dream Your Sweet Day</i></p>
<p><b>16</b>                  AGE THRIVE CLOSED                  PRESIDENT'S DAY</p>	<p>10:00 am Daily Chronicle <b>17</b>                  10:30 am <i>Yoga w/Tammy</i>                  12:30 pm <i>Southsides Ukles</i>                  2:00 pm <b>GREEN THUMBS CLUB</b>                  3:00 pm Mardi Gras Trivia                  4:00 pm Short Story</p> <p>MARDI GRAS</p>	<p>10:00 am Daily Chronicle <b>18</b>                  10:30 am Arts &amp; Crafts                  12:30 pm Workout Wednesday                  2:00 pm Time Traveler Bingo                  3:00 pm Blackout Bingo                  4:00 pm Jeopardy</p> <p>ASH WEDNESDAY</p>	<p>10:00 am Daily Chronicle <b>19</b>                  10:30 am <b>Music Therapy</b>                  12:30 pm <b>Zumba w/Kathleen</b>                  2:00 pm Reminiscing                  3:00 pm Seated Volleyball                  4:00 pm Fact or Crap?</p> <p>WORLD ANTHROPOLOGY DAY</p>	<p>10:00 am Daily Chronicle <b>20</b>                  10:30 am Arts &amp; Crafts                  12:30 pm Afternoon Stretches                  2:00 pm <i>Aging is Cool</i>                  3:00 pm Movie &amp; Popcorn                  4:00 pm Paint by Number</p> <p>NATIONAL CAREGIVERS DAY</p>
<p>10:00 am Daily Chronicle <b>23</b>                  10:30 am Arts and Crafts                  12:30 pm <i>Country Tunes w/Casey</i>                  2:00 pm Cranium Crunches                  3:00 pm Seated Volleyball                  4:00 pm Puzzles with Friends</p> <p>WORLD PEACE AND UNDERSTANDING DAY</p>	<p>10:00 am Daily Chronicle <b>24</b>                  10:30 am <i>Yoga w/Tammy</i>                  12:30 pm <i>Music w/Bones</i>                  2:00 pm <b>GREEN THUMBS CLUB</b>                  3:00 pm Bowling                  4:00 pm Balloon Man</p> <p>NATIONAL TORTILLA CHIP DAY</p>	<p>10:00 am Daily Chronicle <b>25</b>                  10:30 am Junk Drawer Detective                  12:30 pm Body Exercises                  2:00 pm Legacy Lore Bingo                  3:00 pm Blackout Bingo                  4:00 pm Seated Basketball</p> <p>LET'S ALL EAT RIGHT DAY</p>	<p>10:00 am Daily Chronicle <b>26</b>                  10:30 am Arts and Craft                  12:30 pm <b>Zumba w/Kathleen</b>                  2:00 pm Ping Pong Toss                  3:00 pm Jeopardy                  4:00 pm Word Searches</p> <p>NATIONAL LETTER TO AN ELDER DAY</p>	<p>10:00 am Daily Chronicle <b>27</b>                  10:30 am <b>MUSIC W/IAN</b>                  12:30 pm Sit, (Stand) Dance                  2:00 pm <i>Aging is Cool</i>                  3:00 pm Movie &amp; Popcorn                  4:00 pm Decade Trivia</p> <p>NATIONAL RETRO DAY</p>

ALL ACTIVITIES ARE SUBJECT TO CHANGE. Daily Activities: 7 AM Coffee, Art, & Chat. Breakfast 9:30 AM. Lunch 11:30 am. Snack 1:30 pm.