



DR - Dining room

Untagged

Action

Anticipation

Artistry

Generosity

Legacy

Learning

Melody

Reflection

Emotional

Cognitive

Physical

Social

Spiritual

Health

Intellectual

Monday	Tuesday	Wednesday	Thursday	Friday
All activities are subject to change.				
7:00am Coffee, Art & Chat 9:30am DR Breakfast 10:00am Daily Chronicle 10:30am Music w/ Jeff 11:30am DR Lunch 12:30pm Zumba 1:30pm DR PM Snack 2:00pm Trivia stretches 3:00pm Noodle Ball 4:00pm Balloon Man	7:00am Coffee, Art & Chat 9:30am DR Breakfast 10:00am Daily Chronicle 10:15am Yoga 11:30am DR Lunch 12:30pm Holiday Bingo 1:30pm DR PM Snack 2:00pm Quiz Fun 3:00pm Balloon Volleyball 4:00pm Left Right Center Game	7:00am Coffee, Art & Chat 9:30am DR Breakfast 10:00am Daily Chronicle 10:30am Readers Theater 11:30am DR Lunch 12:30pm Workout Wednesday 1:30pm DR PM Snack 2:00pm Bingo 3:30pm Blackout BINGO 4:00pm Memory Game	7:00am Coffee, Art & Chat 9:30am DR Breakfast 10:00am Daily Chronicle 10:30am Cranium Crunches 11:30am DR Lunch 12:30pm Trivia stretches 1:30pm DR PM Snack 2:00pm Paint by Numbers 3:00pm Head, Shoulders and Cup 4:00pm Jeopardy	7:00am Coffee, Art & Chat 9:30am DR Breakfast 10:00am Daily Chronicle 10:30am Festive Centerpiece Creations 11:30am DR Lunch 12:30pm Aging is Cool 1:30pm DR PM Snack 2:00pm Move to the story 3:00pm Movie & Popcorn 4:00pm Adult Coloring
7:00am Coffee, Art & Chat 9:30am DR Breakfast 10:00am Daily Chronicle 10:30am Turkey Tango 11:30am DR Lunch 12:30pm Trivia stretches 1:30pm DR PM Snack 2:00pm Balloon Basketball 3:00pm Outdoor Games 4:00pm Games w/ Friends	7:00am Coffee, Art & Chat 9:30am DR Breakfast 10:00am Daily Chronicle 10:15am Yoga 11:30am DR Lunch 12:30pm Veterans Day Ceremony 1:30pm DR PM Snack 2:00pm Military Bingo 3:00pm Name that Tune 4:00pm Puzzles	7:00am Coffee, Art & Chat 9:30am DR Breakfast 10:00am Daily Chronicle 10:30am Junk Drawer Detective 11:30am DR Lunch 12:30pm Workout Wednesday 1:30pm DR PM Snack 2:00pm Bingo 3:30pm Blackout BINGO 4:00pm Left Right Center Game	7:00am Coffee, Art & Chat 9:30am DR Breakfast 10:00am Daily Chronicle 10:30am Arts & Crafts 11:30am DR Lunch 12:30pm Zumba 1:30pm DR PM Snack 2:00pm Number Bingo 3:00pm Bowling 4:00pm Jeopardy	7:00am Coffee, Art & Chat 9:30am DR Breakfast 10:00am Daily Chronicle 10:30am Hot Seat 11:30am DR Lunch 12:30pm Aging is Cool 1:30pm DR PM Snack 2:00pm Singo BINGO 3:00pm Movie & Popcorn 4:00pm Jewelry Making
7:00am Coffee, Art & Chat 9:30am DR Breakfast 10:00am Daily Chronicle 10:30am Music w/ Jeff 11:30am DR Lunch 12:30pm Music W/ Casey 1:30pm DR PM Snack 2:00pm Arts & Crafts 3:00pm Adult Coloring 4:00pm Puzzles	7:00am Coffee, Art & Chat 9:30am DR Breakfast 10:00am Daily Chronicle 10:15am Yoga 11:30am Thanksgiving Celebration 11:30am DR Lunch 1:30pm DR PM Snack 2:00pm Afternoon Stretches 3:00pm Holiday Bingo 4:00pm Dice	7:00am Coffee, Art & Chat 9:30am DR Breakfast 10:00am Daily Chronicle 10:30am Spiritual 11:30am DR Lunch 12:30pm Workout Wednesday 1:30pm DR PM Snack 2:00pm Bingo 3:30pm Blackout BINGO 4:00pm Balloon Volleyball	7:00am Coffee, Art & Chat 9:30am DR Breakfast 10:00am Daily Chronicle 10:30am Music Therapy 11:30am DR Lunch 12:30pm Zumba 1:30pm DR PM Snack 2:00pm Arts & Crafts 3:00pm Balloon Basketball 4:00pm Left Right Center Game	7:00am Coffee, Art & Chat 9:30am DR Breakfast 10:00am Daily Chronicle 10:30am Music w/ Ian 11:30am DR Lunch 12:30pm Aging is Cool 1:30pm DR PM Snack 2:00pm Scavenger Hunt 3:00pm Movie & Popcorn 4:00pm Dominoes
7:00am Coffee, Art & Chat 9:30am DR Breakfast 10:00am Daily Chronicle 10:30am Hot Seat 11:30am DR Lunch 12:30pm Workout 1:30pm DR PM Snack 2:00pm Story Telling 3:00pm Head, Shoulders and Cup 4:00pm Balloon Man	7:00am Coffee, Art & Chat 9:30am DR Breakfast 10:00am Daily Chronicle 10:15am Yoga 11:30am DR Lunch 12:30pm Music w/ Bones 1:30pm DR PM Snack 2:00pm Charades 3:00pm Number Bingo 4:00pm Noodle Ball	7:00am Coffee, Art & Chat 9:30am DR Breakfast 10:00am Daily Chronicle 10:30am Cranium Crunches 11:30am DR Lunch 12:30pm Workout Wednesday 1:30pm DR PM Snack 2:00pm Bingo 3:30pm Blackout BINGO 4:00pm Balloon Basketball	All day Closed for Holiday	All day Closed for Holiday