

Connections

Enroll Now!

Engage your mind. Experience connection. Empower your life.

Memory Connections is a FREE proactive and supportive community for those living with mild cognitive impairment (MCI) or in the early stages of memory loss.

Cognitive Stimulation Therapy

Brain Health Education

Support Groups

Daily Group Activities

In-Person Meetups



Scan this OR code to learn more!



Contact Us!



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