



# Dementia Respite Programs

These community-based programs serve both memory-impaired individuals and their caregivers. Respite participants enjoy socially-enriching and fun activities while their caregivers take a break from caregiving responsibilities. Program activities can include music, exercise, games, dancing, arts and crafts, and a meal. Some sites offer concurrent caregiver support groups.

Respite programs are generally offered free of charge or for a nominal fee. Expenses are covered by in-kind and monetary donations from area businesses and individuals. Programs are staffed by volunteers. Admission to each respite program is at the discretion of its program director, based upon the stage of dementia and the care needs of the participant. All persons are considered without regard to race, religion, sex, nationality, or place of residence.

	Name/Contact Information	Days/Times	Location
Greater Austin	<b>Bright Horizons</b> Pat Thompson 512-261-8500 <a href="mailto:pat.thompson@emmauslakeway.com">pat.thompson@emmauslakeway.com</a>	Mondays 10 a.m. – 2 p.m.	Emmaus Catholic Church 1718 Lohmans Crossing Road Lakeway, TX 78734
	<b>Circle of Friends</b> Theresa Lyons 512-845-5374	Thursdays 9:30 a.m. – 1:30 p.m.	Congregation Beth Israel 3901 Shoal Creek Austin, TX 78756
	<b>The Gathering</b> <a href="http://www.TheGatheringAtWHPC.org">www.TheGatheringAtWHPC.org</a> Email: <a href="mailto:thegathering@whpc.org">thegathering@whpc.org</a> LuCinda Chiles, Director 512-327-1116, ext. 103 Diana Stoller, Parish Nurse (512) 327-1116, ext. 105	Wednesdays 9:30 a.m. – 1:30 p.m.	Westlake Hills Presbyterian Church 7127 Bee Cave Road Austin, TX 78746
	<b>House of Friends</b> Susie Peterson David Lutz 512-258-6017	Thursdays 9:30 a.m. – 1:30 p.m.	Bethany United Methodist Church 10010 Anderson Mill Rd. Austin, TX 78750
	<b>The Lighthouse at Riverbend</b> Sharon Butler: <a href="mailto:sbutler@riverbend.com">sbutler@riverbend.com</a>	Tuesdays 9:30 a.m. – 12:30 p.m.	Riverbend Church Student Life Building 4214 N Capital of Texas Hwy Austin, TX 78746
	<b>Mike's Place</b> Marjorie Murphey-Camacho 512-476-6325 x138	Wednesdays 9:30 a.m. – 1:30 p.m. -- or -- 1 <sup>st</sup> Tuesday 9:30 a.m. – 1:30 p.m.	Meals on Wheels and More 3227 E. 5 <sup>th</sup> Street Austin, TX 78702

	<b>MPAC</b> (Memory Powered by Active Connections) Martha Galie 512-345-8314	Tuesdays 10:00 a.m. – 2:00 p.m.	St. Matthew's Episcopal Church 8134 Mesa Drive Austin, TX 78759
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Greater Austin	<b>New Adventures</b> John Bubel 512-258-9079	Wednesdays 10:00 a.m. – 2:00 p.m.	St. Thomas Moore Catholic Church 10205 RR 620 North Austin, TX 78726
	<b>Pat's Bunch</b> Pat McCright abd Marcie Pittman 512-282-0875	Wednesdays 9:30 a.m. – 1:30 p.m.	Manchaca Baptist Church 1215 W. FM 1626 Manchaca, TX 78652
	<b>The Sanctuary</b> 512-444-6781	Thursdays 9:30 a.m. – 1:30 p.m.	Faith United Methodist Church 2701 S. Lamar Blvd. Austin, TX 78704
Hill Country	<b>Highland Lakes Respite Center</b> Diane Caruthers: 512-793-6958 Mary Jane Shanes: 512-756-9329	Tuesdays 9:30 a.m. – 1:30 p.m.	First United Methodist Church 301 East Graves Burnet, TX 78611
	<b>Kendall Respite Center</b> Gay Bergman 830-385-4244	Thursdays 9:30 a.m. – 1:30 p.m.	Fellowship Baptist Church 2702 Mormon Mill Road Marble Falls, TX 78654
	<b>Caregivers' Day Out</b> Melinda Wheeler 325-247-4222	Mondays 10 a.m. – 2 p.m.	Pittsburg Avenue Baptist Church 709 Pittsburg Avenue Llano, TX 78643
Georgetown/Sun City	<b>Close Friends Ministry</b> Jim and Mary Thompson 512-868-1349	Fridays 10 a.m. – 2 p.m.	Wellspring United Methodist Church 6200 Williams Drive Georgetown, TX 78633
	<b>PALS Place</b> 512-863-2370	Mondays 10 a.m. – 2 p.m.	First United Methodist Church 410 E. University Georgetown, TX 78626
	<b>Special Friends</b> Cheryl White 512-864-1380	Thursdays 10 a.m. – 2 p.m.	The Worship Place 811 Sun City Blvd. Sun City, TX 78328

1.4.2023



Information Courtesy of AGE of Central Texas  
(512) 451-4611 | Email: [Info@AGEofCentralTX.org](mailto:Info@AGEofCentralTX.org)  
[www.AGEofCentralTX.org](http://www.AGEofCentralTX.org)