



AGE OF CENTRAL TEXAS

Call us: 512-763-2148

Email us: MemoryInfo@AGEofCentralTX.org

MEMORY CONNECTIONS ONLINE

for people living with changes in cognition or memory



Are you having trouble remembering things?

Do you wish you had a more active social life?

Would you like to make your brain health a priority?

Reach out today for a free consultation!

“ Zoom has opened new horizons for people like us. When we can't drive, we can still come. We can be with friends.
- Memory Connections Online participant ”



Reach out to us today to talk with a professional to get the support you deserve

Memory Connections Online is a subscription based program offering engaging, small group activities up to 5 days per week. Activities are evidence informed and designed specifically for those experiencing mild-moderate memory loss or changes in cognition.

Activities may include:

- Creative Activities such as live music, art, and creative writing
- Brain Exercise
- Discussion & Reminiscence
- Educational and travel presentations
- Emotional Support Groups led by a licensed professional
- Physical exercise



\$100 per
calendar month

sliding scale fee options are available to those who apply and qualify

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A screenshot of a Zoom meeting. The main slide is titled "ANIMALS AROUND THE GLOBE" and "COMPILED BY AGE OF CENTRAL TEXAS", featuring a close-up image of a white Chihuahua puppy. The Zoom interface shows a "You are screen sharing" notification and a "Stop Share" button. On the right, a video grid displays four participants: Nicole Stackpole, a man, Billy, and Betty. The top of the screen shows navigation options like "TRANSITIONS", "ANIMATIONS", "SLIDE SHOW", "REVIEW", and "VIEW".

Don't have access to technology or don't know how to use it?
Reach out to us today - we can get you connected!