In’s and Out’s of Long Term Care in Austin
Striking a Balance Conference

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Living at Home—Available Support

- Private Caregivers
- Personal Assistance Services Agency
- Home Health Care
- Hospice
- Geriatric Care Managers
When Do You Move?

- When They Are A Danger to Themselves
- When There’s Self Neglect
- When There Are Caregiver Issues
Independent Living Communities

- Not licensed to provide care for ADLs
- More active amenities
- Greater focus on social rather than care
- Higher functioning residents
- Generally more attractive facilities than AL
- Seniors can still receive a lot of support
  - Outside providers only
  - Theoretically even hospice
- All Private Pay
Assisted Living Communities

- Focused on Activities of Daily Living (ADLs)
  - Dressing, bathing, eating, transferring, toileting & incontinence. Also: medication management
- Large Assisted Living is over 17 beds
- Small Assisted Living is over 3 beds
- Personal Care Homes are 3 beds and under
  - Therefore unlicensed
- Type A and B Assisted Living
- Prohibited by regulation from accepting:
  - Bed–bound, ventilators, feeding tubs, tracheotomies, IV drips
- All Private Pay
Dedicated Memory Care Communities

- Share the same licensing regulations as Assisted Living Communities
- Always Type B Assisted Living license
- Always secure
- Generally better caregiver to resident ratio
- Generally better staff training
  - Able to handle dementia behaviors
- 50% to 100% more expensive than Assisted Living
- About 50% have Assisted Living attached
- All Private Pay
Skilled Nursing Facilities (SNFs)

- Most profitable: short-term rehab residents
- Private Pay long-term residents preferred
- Least profitable: Medicaid residents
  - Medicaid requirements: Medical necessity and financial qualification
- Very high percentage of long-term residents have dementia
- SNFs generally serve long-term residents with complex medical cases or severe dementia
CCRCs

- Westminster, Querencia and Longhorn Village
  - Studio down payment $178K to $276K
  - One Bed down payment $320K to $569K
  - Two Bed down payment $456K to $1,083K
  - Cottages $770K to $1,180K

- Buckner Villa and Wesleyan
  - Cottages $220K to $280K, no life care

- Near-CCRCs
  - Brookdale Westlake, Brookdale Lakeway, Ledgestone, The Enclave, and more being built
# Austin Metropolitan Area Statistics*

- Skilled Nursing: 51/5,661/111
- Assisted Living Large: 48/2,959/78
- Assisted Living Small: 44/509/12
- Memory Care: 54/1,968/26
- Independent Living: 29/4,203/145
- 55+: 8/1,219/172
- Total: 234/16,519

*Source: Michael Gill, Texas Senior Living Locators, including 2018 projected openings*
Covid in Long Term Care—Update

- Response during previous waves
- Post-vaccines responses
- Outlook
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No cost to the client—fee paid by facility