



In's and Out's of Long Term Care in Austin

Striking a Balance Conference


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Living at Home—Available Support

- ▶ Private Caregivers
 - ▶ Personal Assistance Services Agency
 - ▶ Home Health Care
 - ▶ Hospice
 - ▶ Geriatric Care Managers
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When Do You Move?

- ▶ When They Are A Danger to Themselves
 - ▶ When There's Self Neglect
 - ▶ When There Are Caregiver Issues
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Independent Living Communities

- ▶ Not licensed to provide care for ADLs
- ▶ More active amenities
- ▶ Greater focus on social rather than care
- ▶ Higher functioning residents
- ▶ Generally more attractive facilities than AL
- ▶ Seniors can still receive a lot of support
 - Outside providers only
 - Theoretically even hospice
- ▶ All Private Pay


Assisted Living Communities

- ▶ Focused on Activities of Daily Living (ADLs)
 - Dressing, bathing, eating, transferring, toileting & incontinence. Also: medication management
 - ▶ Large Assisted Living is over 17 beds
 - ▶ Small Assisted Living is over 3 beds
 - ▶ Personal Care Homes are 3 beds and under
 - Therefore unlicensed
 - ▶ Type A and B Assisted Living
 - ▶ Prohibited by regulation from accepting:
 - Bed-bound, ventilators, feeding tubs, tracheotomies, IV drips
 - ▶ All Private Pay
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Dedicated Memory Care Communities

- ▶ Share the same licensing regulations as Assisted Living Communities
- ▶ Always Type B Assisted Living license
- ▶ Always secure
- ▶ Generally better caregiver to resident ratio
- ▶ Generally better staff training
 - Able to handle dementia behaviors
- ▶ 50% to 100% more expensive than Assisted Living
- ▶ About 50% have Assisted Living attached
- ▶ All Private Pay

Skilled Nursing Facilities (SNFs)

- ▶ Most profitable: short-term rehab residents
 - ▶ Private Pay long-term residents preferred
 - ▶ Least profitable: Medicaid residents
 - Medicaid requirements: Medical necessity and financial qualification
 - ▶ Very high percentage of long-term residents have dementia
 - ▶ SNFs generally serve long-term residents with complex medical cases or severe dementia
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CCRCs

- ▶ Westminster, Querencia and Longhorn Village
 - Studio down payment \$178K to \$276K
 - One Bed down payment \$320K to \$569K
 - Two Bed down payment \$456K to \$1,083K
 - Cottages \$770K to \$1,180K
- ▶ Buckner Villa and Wesleyan
 - Cottages \$220K to \$280K, no life care
- ▶ Near-CCRCs
 - Brookdale Westlake, Brookdale Lakeway, Ledgestone, The Enclave, and more being built

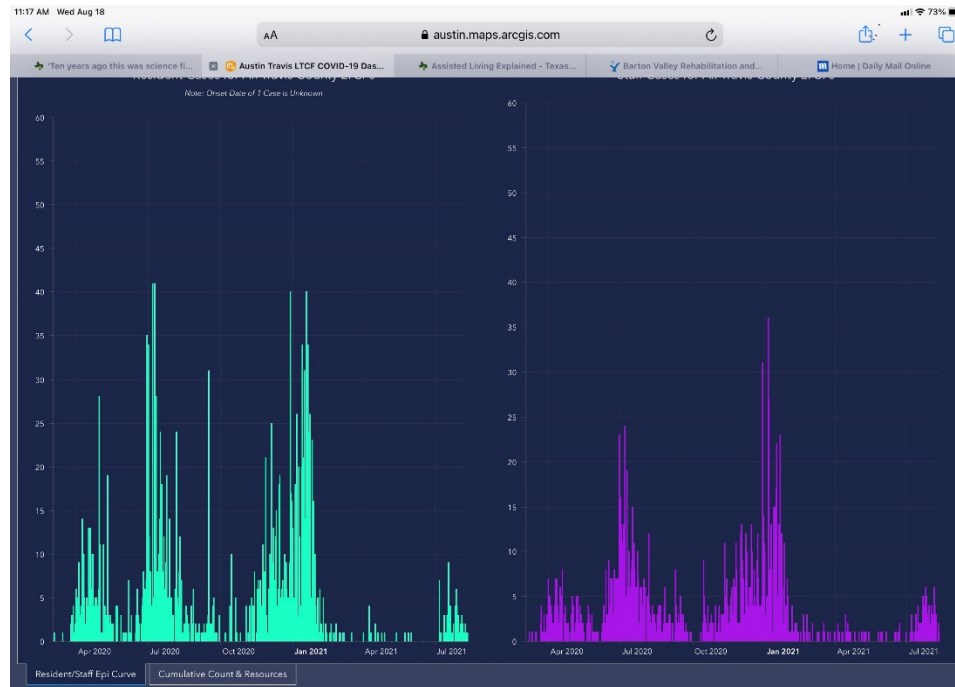
Austin Metropolitan Area Statistics*

	<u>Facilities/</u>	<u>Total Beds</u>	<u>/Average Size</u>
▶ Skilled Nursing	51	5,661	111
▶ Assisted Living Large	48	2,959	78
▶ Assisted Living Small	44	509	12
▶ Memory Care	54	1,968	26
▶ Independent Living	29	4,203	145
▶ 55+	8	1,219	172
▶ Total	234	16,519	

▶ *Source: Michael Gill, Texas Senior Living Locators, including 2018 projected openings

Covid in Long Term Care--Update

- ▶ Response during previous waves
- ▶ Post-vaccines responses
- ▶ Outlook



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- ▶ No cost to the client—fee paid by facility