

Programs in Williamson County for Older Adults with Dementia

Adult Day Health Centers are facilities licensed by the state of Texas offering care and support for older adults with physical needs and/or experiencing memory loss. These older adults might not be able to be left alone safely or might enjoy spending the day socializing and enjoying activities. Services include medication management and health monitoring from full-time nurses, meals and snacks, transportation, personal care, and activities organized by certified activity directors. The AGE Adult Day Health Centers accept Medicaid, Veteran's benefits, long-term care insurance, and private pay at a rate of \$70 per day.

Round Rock:

AGE of Central Texas Round Rock Adult Day Health Center

475 Round Rock W. Drive, #120, Round Rock, 78681 Monday through Friday, 7:00 AM-5:30 PM | (512) 255-4865 <u>http://ageofcentraltx.org/adc.php</u>

Respite Programs are community-based programs that serve both memory-impaired

individuals and their caregivers. Respite participants enjoy socially-enriching and fun activities while their caregivers take a break from caregiving responsibilities. Program activities can include music, exercise, games, dancing, arts and crafts, and a meal. Some sites offer concurrent caregiver support groups. Respite programs are generally offered free of charge or for a nominal fee. Expenses are covered by in-kind and monetary donations from area businesses and individuals. Programs are staffed by volunteers. Admission to each respite program is at the discretion of its program director based upon the stage of dementia and the care needs of the participant.

Georgetown:

Close Friends Ministry

Wellspring United Methodist Church, 6200 Williams Drive, Georgetown, 78633 Fridays, 10:00 AM-2:00 PM | (512) 868-1349 http://wellumc.org/adult-ministries/caring-for-people

PALS Place

First United Methodist Church, 410 E. University, Georgetown, 78626 Mondays, 10:00 AM-2:00 PM | (512) 863-3935 <u>http://www.fumcgt.org/connect/adults/life-stages</u>

Special Friends

The Worship Place, 811 Sun City Blvd, Sun City, 78328 Thursdays, 10:00 AM-2:00 PM | (512) 869-1380 <u>http://theworshipplace.org/ministries/caring-ministries/special-friends</u> **Senior Centers** provide fun, engaging activities for older adults living with early dementia. Activities and benefits include arts and crafts classes, education, fitness, games, music and dance, access to information about community resources, caregiver classes and support, and a free meal thanks to the Meals on Wheels Senior Lunch Program. Please contact each senior center to learn about what they offer. It is strongly recommended that someone accompany an older adult living with early dementia. He or she may need extra support during activities and as he or she becomes familiar with a new place.

Georgetown:

Georgetown Recreation Center 1003 N. Austin Avenue, Georgetown, 78623 (512) 930-3596 https://parks.georgetown.org/georgetown-recreation-center/

Madella Hilliard Neighborhood Center 803 W. 8th Street, Georgetown, 78626 (512) 863-5010

Stonehaven Senior Center 1704 Hart St, Georgetown, 78626 (512) 863-5141

Round Rock:

Allen R. Baca Center 301 W. Bagdad Avenue, Building 2, Round Rock, 78664 (512) 218-5499 https://www.roundrocktexas.gov/departments/parks-and-recreation/facilities/baca-center