



JOIN TEAM AGE!

Help us provide the help older adults and caregivers need by being a part of the AGE of Central Texas team for the Austin Marathon!

There are two ways you can help:



Walk/Run the 5K, Half-Marathon, or Full Marathon!

Join the Team AGE! As a team member you can raise money for AGE and participate in a race of your choosing on Sunday, February 16th. As a team member you will:

- Have your registration fee covered if you raise \$250 or more.
- Receive a fundraising toolbox to help solicit donations.
- Receive a prize if you recruit a friend to join the team.
- Attend a VIP Team AGE happy hour.
- Receive an AGE t-shirt and a post-race care package made especially for you.



Volunteer to help with the AGE Marathon Aid Station!

AGE will run an aid station for the marathon race on Sunday, February 16th. We need **YOU** to join us as we cheer on and provide water for participants. Volunteers will:

- Work a 4 hour shift.
- Receive an Austin Marathon T-shirt.
- Receive coffee and breakfast tacos.

Your help will provide 4,000+ senior adults and caregivers in Central Texas with the support they need!

Contact Jayden Beatty at jbeatty@ageofcentraltx.org or go to <http://bit.ly/TeamAGE> today!

