



# JOIN TEAM AGE!

Help us provide the help senior adults and caregivers need by being a part of the AGE of Central Texas team for the Austin Marathon!

There are two ways you can help:



Walk/Run the 5K, Half-Marathon, or Full Marathon!

Join the AGE of Central Texas team! As a team member you can raise money for AGE and participate in a race of your choosing on Sunday, February 17th. As a team member you will:

- Have your registration fee covered if you raise \$250 or more.
- Receive a fundraising toolbox to help solicit donations.
- Receive a prize if you recruit a friend to join the team.
- Receive an AGE t-shirt and a post-race care package made especially for you.



Volunteer to help with the AGE Marathon Aid Station!

AGE will run an aid station for the marathon race on Sunday, February 17th. We need **YOU** to join us as we cheer on and provide water for participants. Volunteers will:

- Work a 4 hour shift.
- Receive an Austin Marathon T-shirt.
- Coffee and breakfast tacos provided.

Your help will provide 3,700+ senior adults and caregivers in Central Texas with the support they need!

Contact Jayden Beatty at [jbeatty@ageofcentraltx.org](mailto:jbeatty@ageofcentraltx.org) today!

