



2015 ANNUAL REPORT

30TH ANNIVERSARY EDITION



LETTER FROM THE EXECUTIVE DIRECTOR

Your impact to the aging community and family caregivers will never be calculated and never fully known. I CAN tell you that our inspiring group of volunteers, community partners, staffers, donors, and funders that AGE of Central Texas partners with remains the core reason we were able to help 3,300+ senior adults and family caregivers in 2015.

Incredible. Through that support, AGE was able to accomplish in one year:

- ✓ Add a new **Memory Connections** early memory loss support program site, allowing us to give support, care, and a community to 20 more adults with early diagnosis of Alzheimer's or dementia.
- ✓ Provide **financial assistance** to 11 individuals at our Adult Day Health Centers, so their family caregivers can get respite and they can have socialization with nurse care.
- ✓ Offer **tired, worried, stressed caregivers more than 400 hours of direct resources**, compassionate support, and hope through our Caregiver Resource Center.

✓ Add a brand new program assisting with transportation to low-income senior adults living at 7 of the Housing Authority of the City of Austin (HACA) properties and bolster their sense of independence, help combat isolation, and aid the senior community members to be able to continue living in their homes and still have access to necessary services.

✓ Teach over **550 older adults useful computer skills** through our Computer Lab. Classes cover topics ranging from email to making GIFs.

These gains in community services are all because of you. Thank you so much for your time, contributions, and passion to this organization. This is the best 30th Anniversary gift we could have received!

With greatest gratitude,
Joyce Lauck | Executive Director

2015 FINANCIALS

REVENUE **\$2,414,918**

- Public & Private Program Services **\$1,067,875**
- Grants & Contracts: **\$1,011,177**
- Contributions & Special Events: **\$200,610**
- Volunteer Services: **\$135,256**

EXPENSES **\$2,308,810**

- Programs: **\$2,140,477**
- Fundraising: **\$99,076**
- Management & General: **\$69,257**

Your financial support keeps AGE financially strong. For more detailed financial information, visit www.AGEofCentralTX.org.

GET INVOLVED

- ✓ Make a financial gift
- ✓ Give your time and volunteer
- ✓ Donate items including gently-used health equipment (such as walkers or wheelchairs)

We would be very grateful to have your partnership, in whatever form would be meaningful to you.

Contact us at **512-600-9283** or email info@AGEofCentralTX.org to discuss how to put your passion for supporting seniors and family caregivers into action.



92%

of **Caregivers Education and Resources** clients agree that the information they received would make them a better caregiver.



1755

free, long-term loans of durable medical equipment were made from the **Health Equipment Lending Program (HELP)**.



94%

of caregivers report feeling that their life is more manageable since their family member attends one of AGE's **Adult Day Health Centers**.



92%

of caregivers using our **Memory Connections** early memory loss support program feel less stress since their family member's participation.



440

individuals attended one of the 25 free **CaregiverU** classes offered in 4 counties throughout the year.

IMPORTANT MOMENTS AND IMPACT GROWTH

THEN

Austin Groups for the Elderly established by Austin civic leaders Bert Kruger Smith and Willie Kocurek, to expand services to elderly.

1985

THEN

AGE purchases the former Confederate Woman's Home to create the first senior center in Austin.

1986

THEN

Elderhaven senior day center, the first adult day center in Central Texas, moved into AGE Building and in December 1990, the building's mortgage was paid off.

1990

NOW

After assuming operation of Elderhaven in 1996, program continues as Austin Adult Day Health Center.

THEN

Annual AGE Awards launched to recognize those who have had significant impact on quality of life for aging adults and their caregivers.

1994

NOW

22nd Annual AGE Awards held on April 7, 2016.

ANNUAL OPERATING BUDGET: **\$631,838**

THEN

SeniorNet opened to teach computer skills to adults ages 50+.

1998

NOW

AGE Computer Lab, offering peer-based technology classes.

THEN

"Striking a Balance" Caregiver Conference launched in collaboration with Area Agency on Aging of the Capital Area.

2001

NOW

Longest-running caregiver conference in Central Texas.

ANNUAL OPERATING BUDGET: **\$800,000**

THEN

AGE Caregiver Resource Center (CRC) opened to provide information, education, and consultation to caregivers.

2004

NOW

Free caregiver services ongoing plus new Caregiver Lecture Series.

ANNUAL OPERATING BUDGET: **\$1,229,000**

THEN

"Austin Groups for the Elderly" rebranded as "AGE of Austin" and assumed control of Adult Day Health Center in Round Rock.

2008

NOW

Centers remain only licensed adult day health care centers in Central Texas.

THEN

Impact Austin funded creation of Health Equipment Lending Program.

2009

NOW

Serves 1,300+ families each year with free medical equipment loans.

THEN

CaregiverU launched with 5 partner agencies and 10 class leaders to provide free caregiver classes.

2011

NOW

100+ class leaders and 30+ partner agencies offer 40+ free caregiver support classes annually in Travis, Williamson, Hays, and Bastrop counties.

ANNUAL OPERATING BUDGET: **\$1,600,000**

THEN

"AGE of Austin" rebranded as "AGE of Central Texas" and assumed operation of New Connections early memory loss support program.

2012

NOW

Memory Connections operates in 4 locations.

THEN

Annual Williamson County Caregiver Conference debuted in Round Rock.

2014

MILESTONE:

20th anniversary of annual AGE Awards.

ANNUAL OPERATING BUDGET: **\$2,300,000**

MILESTONE:

AGE celebrates its 30th Anniversary!

2015

NOW

Partnership launched with City of Austin to provide transportation options for senior adults living in seven Housing Authority of the City of Austin (HACA) community residential properties.



“

My father enjoys attending the Memory Connections classes very much. He continues to improve cognitively. He was evaluated at his neurologist this week and he has improved in his evaluation score by 4 points since his last 6 month visit. The neurologist is pleased that he is participating in the Memory Connection classes.

Anonymous Caregiver from Memory Connections

My mother is absolutely loving the program. She likes the people and the activities. She says most of all she likes being around people with the same issues as she. She definitely looks forward to coming on Mondays and seems totally energized when I pick her up. I just wish the program was more than one day a week. Thanks for welcoming my mother into the program.

Lisa from Memory Connections



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As a caregiver, I have a tremendous appreciation for AGE of Central Texas, Round Rock location. When my mother is there, I rest easy knowing she is in capable hands, safe, and in a loving environment. I attribute a large portion of her marked improvement to the time she spends with you all. Lately, she often remarks on how much she loves going to "the senior center." Thank you, thank you.

Asilee from Round Rock Day Center