



# LETTER FROM THE EXECUTIVE DIRECTOR

What a year it has been for all those touched by AGE of Central Texas! We know that the number of older adults in the Travis-Williamson County area will increase by approximately 370% by 2040\* and AGE is getting prepared. We have an inspiring group of volunteers, community partners, staffers, donors, and funders that enabled us to help 4,000+ senior adults and family caregivers in 2016. Incredibly, our program staff had more than 32,000 encounters with individuals in Central Texas in one year alone!

Now we get to work. Here is what we aim to do with our community support by the end of 2017:

- 📌 We will wrap up our 3-year strategic plan at the end of 2017. The board has a retreat planned in the fall to build a new comprehensive 2-year plan.
- 📌 Transportation is one of the biggest needs facing older adults today, and we plan to ramp up our bus fleets, routes, and community partnerships to increase senior mobility.

- 📌 "Expert solutions" are two words we take seriously in our mission. We plan to invest in more staff trainings, dig into more research, and be on the forefront of caregiver resources and support.
- 📌 With the ebbs and flows of our current healthcare system, we commit to putting the CARE in healthcare no matter the outcome.

YOU have allowed us to grow and continue to reach more of our neighbors in need. Thank you so much for your time, contributions, and passion to this organization.

Most sincerely,  
**Joyce Lauck | Executive Director**



## 2016 ANNUAL REPORT

31<sup>ST</sup> EDITION



## 2016 FINANCIALS

### REVENUE \$2,507,580

- Public & Private Program Services: \$1,051,213
- Grants & Contracts: \$1,048,474
- Contributions & Special Events: \$271,878
- Volunteer Services: \$136,015



### EXPENSES \$2,498,766

- Programs: \$2,326,572
- Fundraising: \$102,384
- Management & General: \$69,810



Your financial support keeps AGE financially strong. For more detailed financial information, visit [www.AGEofCentralTX.org](http://www.AGEofCentralTX.org).

## GET INVOLVED

- 📌 Make a financial gift
- 📌 Give your time and volunteer
- 📌 Donate items including gently-used health equipment (such as walkers or wheelchairs)

We would be very grateful to have your partnership, in whatever form would be meaningful to you.

Contact us at 512-600-9283 or email [LRobertson@AGEofCentralTX.org](mailto:LRobertson@AGEofCentralTX.org) to discuss how to put your passion for supporting seniors and family caregivers into action.



**315**

315 individuals benefited from our **Adult Day Health Center**. Plus, 415 seniors taking computer classes.



**125,801**

hours of **respite care** were provided at AGE in 2016.



**92%**

of Caregiver Education and Resources clients agree that the information they received would make them a **better caregiver**.



**32,917**

encounters at AGE in 2016 (that is 116 interactions every single work day – or one new interaction every 4 minutes!).



**97%**

of caregivers report feeling that their **life is more manageable** since their family member attends one of AGE's Adult Day Health Centers.

## AGE IN 2018

AGE of Central Texas is gearing up for a busy 2018 as we continue to drive awareness, provide services, and create giving opportunities for our community. Here is an overview of next year's key events and milestones. Be on the lookout for emails with details and ways to participate!

### JANUARY

New Year, AGE gets to work. A great time to make a long lasting gift through an estate

### FEBRUARY

Valentine's Day celebration at our day centers

### MARCH

Amplify AGE through Amplify Austin

### APRIL

AGE Awards, a fun, free event honoring leaders in the community

### MAY

Legacy Fund Donor Appreciation party

### JUNE

Music Therapy in Memory Connections (early memory loss program)

### JULY

National Sandwich Generation Month, an observance honoring a generation of adults sandwiched between caring for young kids and aging parents at the same time

### AUGUST

Striking a Balance Caregiver Conference

### SEPTEMBER

Williamson County Caregiver Conference

### OCTOBER

Garden Party unveiling Legacy Fund lanterns

### NOVEMBER

National Family Caregivers Month

### DECEMBER

Time to get your end of year gifts in! Holiday parties galore in the programs



“

Up to this time, I had only observed Alzheimer's from a distance and really had to learn on the job. My first task was to secure care for Dad during the day so that I could continue that nagging thing called a job.

I don't recall who it was that first told me of an organization called AGE of Central Texas, but I called them and they graciously made a place for Dad. Over the following months and years AGE became not only Dad's daytime caregiver, they became our extended family.

Mike, Son of Adult Day Health Center Participant



”

I have learned so much about caregiving and how to help Mom through this chapter in her life, through our classes at AGE and our teaching opportunities. AGE has been such a part of our journey and we all are so blessed to have it and all the folks who work so hard to make it such a valuable resource!

Karla & Richard, Caregiver Resource Center & CaregiverU



“

It has brought me great joy to be involved with AGE of Central Texas as a volunteer, board member and donor since 1993. Bert, Willie and others became mentors to me and I learned so much about aging, caregiving and volunteering. I moved away 11 years ago but the growth of the organization and the care and respect given to each client and family member is so tremendous that I continue to donate to this wonderful organization. Now I am excited about AGE's future growth!! AGE will always have a part of my heart.”

Tina, AGE Donor