

# AGE of Central Texas 2013 Impact Report



Only when we work together can aging be a shared journey of triumph. Thank you for helping us bring compassionate care, free health equipment, caregiver support, & more to this community. This impact report reflects what your support made possible for the older adults & family caregivers that AGE of Central Texas served in 2013.

*Jan Berger, 2014 Board President*

“ My dad feels a connection with the staff.  
He knows that they care about him. ”

## Adult Day Health Care

187 seniors with physical & cognitive needs received social, personal, & health care from compassionate professionals in licensed, secure adult day centers

## Caregiver Education & Resources

2,205 caregivers participated in free personalized resource consultations, educational seminars, support groups, or classes

## Early Memory Loss Support

44 seniors in the early stages of memory loss benefitted from weekly cognitive activities & a professionally facilitated support group with their peers

## Health Equipment Lending

2,717 pieces of durable medical equipment were loaned out for free to seniors & adults with disabilities

## AGE Computer Lab

513 seniors received 1,231 hours of peer-based computer class instruction

96% of family caregivers with a loved one in AGE's Adult Day Health Centers reported that **their life is more manageable** since using AGE's services.

91% of those who utilized Caregiver Education & Resources feel the information they received would **make them a better caregiver.**

90% of older adults in the Early Memory Loss Support Program reported **feeling socially connected.**

**mission driven**

Tackling the challenges of aging with expert solutions

**with a vision**

To make aging a shared journey of triumph!

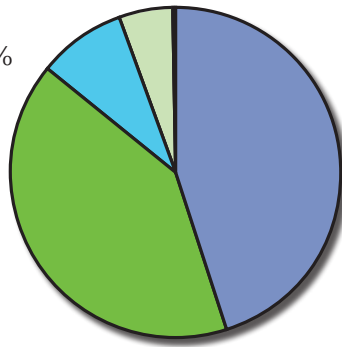


# 2013 Financials

For more detailed financial information,  
visit [www.AGEofCentralTX.org](http://www.AGEofCentralTX.org).

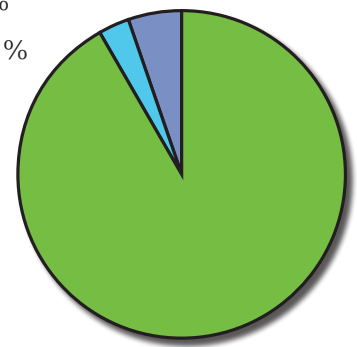
Revenue: \$2,123,651

- Public & Private Program Services: 42.5%
- Grants & Contracts: 40.6%
- Contributions & Special Events: 8.7%
- Volunteer Services: 5.3%



Expenses: \$1,925,644

- Programs: 91.7%
- Fundraising: 5.1%
- Management & General: 3.2%



“ I love coming here... It's just good to get out of the house and be among people. Being home all day is not fun. ”  
-- Ann

## Meet Ann, Mom of Two Hundred & Twenty-Seven!

Ann White has spent her entire life taking care of others. Ann and her late husband, Levi, were foster parents to 220 children, in addition to having seven of their own. Ann, known to her children and to the community as “Momma White”, has been a generous caretaker and woman of service for an untold number of people in her lifetime.

At 83, Ann has Alzheimer’s Disease, so now she lets others help take care of her. She still lives in her home with the help of family and other caregivers. Ann attends AGE’s Adult Day Health Center every day during the week. She is monitored daily by the nurse to keep an eye on her health, she is in a safe environment with fun activities, and most of all she spends her days surrounded by other people.

Ann’s memory loss has not affected her giving and joyful spirit. Our staff describes Ann as an “instigator of love”. She is the first to stand and applaud after a musical performance in the center. On the group’s daily walks, she greets everyone she encounters with a high five. And at the Center she always helps and watches out for others— gently helping someone eat their lunch if they’ve begun to struggle feeding themselves, or welcoming the quiet newcomer.

Yes, Ann has spent her entire life taking care of others. We are grateful that she and her family have chosen to let AGE of Central Texas help take care of her.

## Want to Get Involved?

- Make a gift
- Give your time & volunteer
- Donate items including health equipment (such as walkers or wheelchairs)

You can donate online at [www.ageofcentraltx.org](http://www.ageofcentraltx.org), or contact Lora Hollingsworth, Director of Development & Outreach, for more information at 512-600-9283.

512-451-4611

[www.AGEofCentralTX.org](http://www.AGEofCentralTX.org)

Central Office & Austin Adult Day Health Center  
3710 Cedar St Box 2, Austin 78705

Round Rock Adult Day Health Center  
475 Round Rock W Dr #120, Round Rock 78681