

Dedicated to older adults and those who care for them

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AGE OF CENTRAL TEXAS 2012 ANNUAL REPORT

AGE is a regional non-profit that provides education and support to people all along the spectrum of growing older, no matter where they are along that journey.

133,120 HOURS OF COMPASSIONATE CARE IN THE AUSTIN AND ROUND ROCK ADULT DAY CENTERS

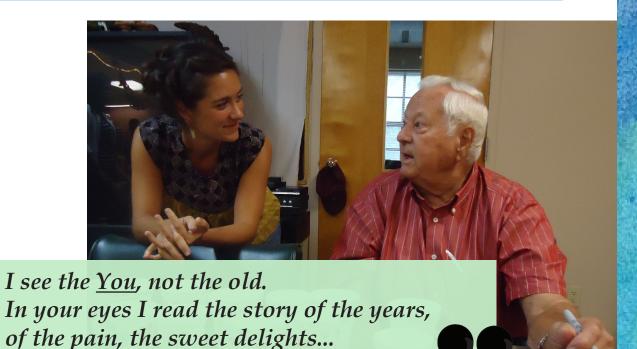
2,715 LOANS OF DURABLE MEDICAL EQUIPMENT AND DISBURSEMENTS OF ADULT INCONTINENCE PRODUCTS TO INDIVIDUALS

2,737 TOUCHPOINTS WITH CAREGIVERS AND OLDER ADULTS SEEKING INFORMATION AND RESOURCES

377 PARTICIPANTS IN FALL PREVENTION CLASSES AND CAREGIVER TRAININGS THROUGH CAREGIVERU

93 PARTICIPANTS IN WEEKLY ACTIVITIES DESIGNED TO SUPPORT INDIVIDUALS IN THE EARLY STAGES OF MEMORY LOSS

2,617 HOURS OF VOLUNTEER-LED, PEER-BASED COMPUTER CLASSES FOR OLDER ADULTS



- BERT KRUGER SMITH, AGE CO-FOUNDER

Keith recently retired from a successful career within the software industry, which included a position with NASA. Keith has a diagnosis of Mild Cognitive Impairment (MCI), a common precursor to dementia. Through AGE's Early Memory Loss Support (EMLS), he is adjusting to his changing capabilities and enjoying the support of others who are also living with early memory loss. This is part of a letter Keith wrote:

MY ONSET BEGAN BEFORE I REALIZED. I WAS LAID OFF OF JOBS AND DIDN'T REALIZE WHX.

"TOO SLOW." "INACCURATE."

I HAVE 2 GRADUATE DEGREES: MARINE BIOLOGY AND ELECTRICAL ENGINEERING.

MY WIFE FIGURED IT OUT.

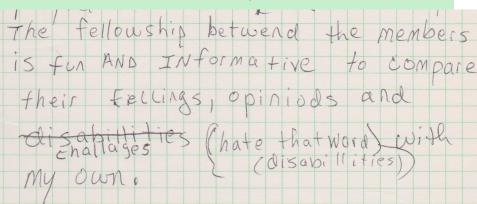
SHE RESEARCHED AND FOUND THE 'AGE' GROUP IN AUSTIN.... I HAVE MET MANY FRIENDLY AND HELPFUL PEOPLE AND STAFF (STAFF ARE PEOPLE TOO!). THE FELLOWSHIP BETWEEN THE MEMBERS IS FUN AND INFORMATIVE TO COMPARE THEIR FEELINGS, OPINIONS, AND _DISABILITIES CHALLENGES (HATE THAT WORD, DISABILITIES) WITH MY OWN.

I ENJOY THE MUSIC, CURRENT EVENTS, AND BRAIN TEASERS (EVEN THOUGH THEY ARE DIFFICULT

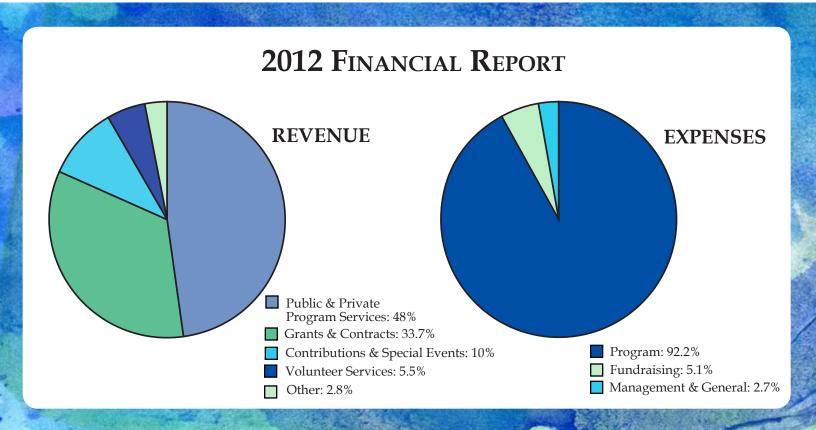
FOR ME). I LIKE LUNCH BECAUSE WE GET TIME TO GET TO KNOW EACH OTHER, SHARE FOOD, AND 'BOND'.

P.S. MY WIFE LIKES TO HAVE A BREAK TO RELAX AND NOT HAVE TO WORRY ABOUT ME FOR A FEW HOURS!

The Early Memory Loss Program became a part of AGE in January 2012. It was founded by the Westlake Presbyterian Church.



KEITH'S STORY



2012 Supporters

A special THANK YOU to our generous donors who contributed \$100 or more in 2012

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